

A STUDY ON RELATIONSHIP BETWEEN THE FACTORS OF PERSONALITY AND
SELF-ACTUALIZATION OF CREATIVE WRITERS

Dr. Manzoor Ahmad Rather Asst.Prof. Deptt. Of Education K.U
Dr. Mahmood Ahmad Khan Prof. Deptt. of Education K.U

Abstract

The objective of this study was to examine the relationship between personality and the factors of Self-actualization of Creative writers (Sahitya Academy Awardees & Non-Awardees) of Jammu & Kashmir. The sample of the study comprised of 80 creative writers (Award nominees and awardees). Neo Five Factor Personality Inventory (NEO-FFI) (1992) by McCrae & Costa (to measure personality) and Personal Orientation Inventory (1974) by Shostrom, E.L.(to measure Self-actualization) was used for the collection of Data and correlation was computed by employing Pearson's Product Moment Coefficient of Correlation on Personality and Self-actualization of Creative writers (N=80, Sahitya academy Awardees and Non-awardees combined) at dimension level. Pearson product Moment correlation coefficients between the five composite scales on the personality and the 12 POI scales led to partial acceptance of the null hypothesis. The research hypothesis was partially substantiated by the results, which show a significant statistical relationship between some personality factors and some self-actualization factors. The study revealed that positive and significant relationship emerged between the factors 'Neuroticism with Existentiality and spontaneity', (O)openness with Inner directedness, Time-competence, SAV(Self-actualizing Value), Existentialism, Sy (Synergy), and C (Intimate Contact), and Conscientiousness with factor (Self-regard). Significant negative relationship existed between the factors neuroticism and Self-regard, Extraversion with factor Self-acceptance, and between (Conscientiousness) and factors Existentiality and Self-acceptance. However no significant relationship was found between the rest of the factors.

Key Words: Creative Writers; Personality, Neuroticism, Openness to experience, Extraversion, Self-actualization; Inner-directedness; Time competence; Existentialism; spontaneity ; Synergy; Self-acceptance.

Introduction

Man, as a rational being, has always been looking for creating something unique, novel and useful. The ability to create has helped Creative people to get engaged in the activities of science, art and other activities of social significance and thereby exhibit their creative potential. McCloskey (1995) is of the opinion that in order to survive in the fast changing, complex and competitive world; one has to innovate to serve. Creativity forms the real basis for innovations and innovations need to be practiced so as to fulfill the demands of the new world order. Guilford (1965), who is well regarded as the original creative thinker, observes that creativity like love is a many splendid thing. Whether it is considered from the viewpoint of its effect on society, or as one of the expressions of the human spirit, creativity stands out as an activity to be studied, cherished and cultivated (Ariety, 1976). Toynbee (1964) has emphatically observed, "A few creative minds can make enormous differences to civilization". The cultural, scientific and social progress of any society depends on the extent of the development of creativity among its members. Social and technical innovations rely heavily on creative people and processes (Runco, 2004). Sternberg and Lubart (2004) in the opening lines of Handbook of creativity, remarked, "If one wanted to select the best novelist, artist, entrepreneur or even chief executive officer, one would most likely select someone on the basis of the trait of creativity."

There is no denying the fact that the concept of creativity has a long history in psychology but psychologists have strongly complained about the insufficient attention given to the concept (Barron & Harrington, 1981; ;Chamorrow-Premusic & Furnham, 2005; Eliot and Thrash, 2004; Feist & Runco, 1993; Guilford, 1950). Applying their distinctive styles, Creative artists, scientists, musicians, painters, and writers etc., give vent to their inner potential. Vital scope has been observed to