

Abstract

This paper examines only the philosophical approach of her poetry. Nevertheless her poetry is vast in wisdom and knowledge. It took years to explain its philosophical nature. I have taken some vaakhs and will try my best to explain Lal as a great metaphysician and logician like western philosophers and Indian philosophers. Lallehuri is a great interpreter of the divine AUM. She extensively explains the validity of AUM in achieving higher stages in yoga through PRANAYAMA and advancement of self by mastering efficiently the recitation of AUM. She says one who is able to master the recitation of this divine word with the rhythm of his breath without any digression of thought can form an easy bridge between him and the universal consciousness. Lal was a mystic and wonderer in the nature. She loved nature, her poetry signifies a solitude and ill will towards worldly pleasure. One of her vakh quotes like this it seems to me that she compared life with water ocean with world and soft piece of thread (aum pan with karmas bad karmas leads to pap good karmas leads to svarga or puniyaylal prays to god utters that um in this world u created me, my karmas boat is sustained in ocean. Bestow me with right path to savarga or goodness she prays to god please show me my destiny this vakh connotes intensive meaning. Lal wants to go her real home that is life after death vidhimukhti. In this paper I tried my best to investigate the explanation of only those notable vakhs which shows the inception for metaphysics, epistemology and logic. Though Lal was a literary figure her vakhs contains diverse knowledge related to different fields. In some verses she describes her own empirical experience and observation.

Keywords: Philosophy, LalDedh, Vaakhs, Shaivism, mysticism, Sadhana, self realization, God, man and world.

Introduction

Lal Dad was born in the second decade of fourteenth century. Lalded was most powerful symbol of Kashmir's civilization. Lalded started her spiritual journey as a tormented soul, but attained a stage where self-realization and self-awareness gave her tremendous inner strength and the confidence that derived from that strength. Lalded is highly spiritual because she is gifted with an extraordinary poetic sensibility. Her vaakhs bears testimony of Lal's genius as a saint and poet in one. The vaakhs she uttered are direct outpourings from her heart rather than a consciously wrought poetic composition, her vaakhs made a tremendous impact on the collective psyche of both Muslims as well as on Hindus. Her