

CASE STUDY

Clinical Case Study on Patient with Atrial Septal Defect (ASD)

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ABSTRACT

Objectives: To perform a health assessment, identify the nursing needs and prevent complication, formulate nursing diagnosis, provide comprehensive nursing care, learn about disease and its management, teach family members and patients in detail about follow-up care. **Methods of collection:** clinical file, patient. **Sample:** patient. **Setting:** Cardiology ward of SKIMS, Soura, Srinagar. **Conclusion:** By this care study, I got an opportunity to provide comprehensive nursing care to my client who had Atrial Septal Defect. It is of paramount importance for the nurses to become competent in providing nursing care for the patients with these problems.

Keywords-- Atrial Septal Defect,

of ASD (Atrial Septal Defect) for in-depth case study.

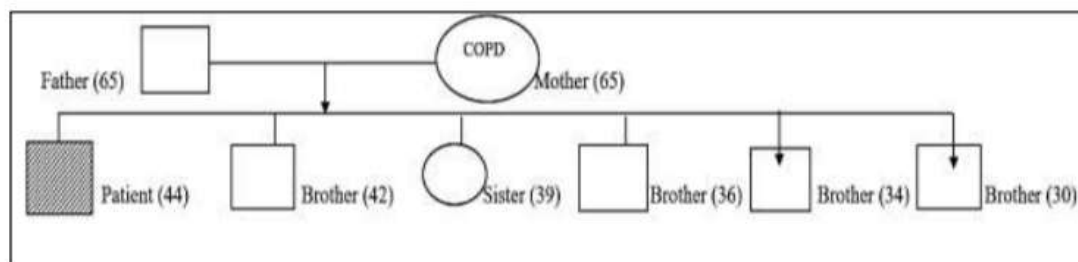
Biographic Information:

IP Number: 92066
Age: 44 years old
Sex: Male
Ward: 1A Cardiology
Religion: Islam
Marital status: Married
Income: 5,000/month
Occupation: Labour
Language: Urdu & Kashmiri
Educational qualification: Educated up to middle level.
Date of admission: 05-02-16
Diagnosis: Atrial Septal Defect (ASD)
Reason for Hospitalization:
On admission patient present with Dyspnoea on exertion, Angina on exertion, Palpitation
Present medical/ surgical history: Patient was in his usual state of health 3 months back when he experienced breathlessness & chest pain during exertion & palpitation. Then he went to Khyber hospital from there he was referred to SKIMS
Past illness & hospitalisation: No past medical or surgical history.
Details of Immunization: Not significant
Family history: No such history in family.

Nursing History and Physical Examination
Date-05/02/16
Place----Srinagar

INTRODUCTION

As per our clinical rotation plan, I was posted in Cardiology ward from 27-1-16 to 11-2-16 where I was assigned a patient with diagnosis



Socio-economic status: Socio-economically poor
Dietary details: Patient taking mostly vegetarian diet because if he takes non vegetarian, he gets

constipated. So, he prefers to take vegetables.