

# Socio-Economic Dimensions of Human development in District Anantnag of Jammu and Kashmir State

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## Abstract

Human well being is a multi-dimensional concept. It comprises of the issue pertaining to socio-economic dimensions of human development with a broad focus on economic well-being, education and longevity of life. Livelihood opportunity of the people comprises an important part of human welfare. Livelihood comprises the capabilities, assets and activities required for a means of living. The aim of development is to improve the quality of life and to enhance the choices of people. It is a well-established fact that secured livelihood positively affects the quality of life. Education is one of the most important elements of human development. Education is vital not only in itself, but also because of the numerous positive externalities created by the spread of education, like human capacity building, human empowerment, and spread of awareness in all fronts. Good health is the key to a happy and productive life and an important indicator of human development. Each and every step of life is recurrently exposed to state of helplessness if human being is prone to commonplace ailments. Long healthy life is the basic aspiration of human development. From the standpoint of both personal and social level a healthy person is an asset. Existence or the availability of conditions required for 'health for all' in a society ensures economic progress. This paper identifies the unique features of the district from the perspective of socio-economic development and paves the way for the conceptualization of the human development issues.

**Key Words:** Human development, Education, Health, Socio-Economic, Income, Assets, HDI, Poverty, Unemployment, Sex ratio

## Introduction

The concept 'human development' is a paradigm shift in development thinking, which gained much popularity after the publication of first Human Development Report in 1990. The basic objective of the human development approach is to put people at the centre of development with their active participation in the development process. Human Development approach broadly advocates for widening up of people's choice and the attainment of a decent standard of living. Three essential choices of life are: to lead a long and healthy life, to acquire knowledge and to have access to the resources needed for a decent standard of living. Other choices highly valued by many people, range from political, economic and social freedom to opportunities for being creative and productive and enjoying self-respect and guaranteed human rights (HDR, 1990). Human development index as an indicator of prosperity is measured, how the planned efforts have succeeded in providing better opportunities for people specially the deprived and those who are living below the poverty line to enjoy a productive and socially meaningful life.

