

# Impact of Covid-19 Pandemic on Wellbeing of Doctors in Kashmir

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## Abstract

After the report of first Coronavirus case from China in December 2020, neither the infection stopped nor its reports. The infection spread so fast that within less than a quarter of year, WHO declared it as a pandemic (March 2020). This pandemic known as Covid-19 pandemic affected almost every life on this planet and caused unprecedented injury to the global economy, job market, people's livelihood, education, development and social life. The impact of this pandemic on the doctors and other healthcare practitioners was more severe as they were the frontlines and the main actors to reduce its impact.

This pandemic has increased the workload and decreased the recovery opportunities of the doctors across the globe. It affected them both physically and psychologically. The impact has been more severe on the doctors of Kashmir as it is reeling under conflict from more than three decades now. The main aim of this paper, the data for which was gathered through a survey among the allopathic doctors of Kashmir, is to understand and document the impact of Covid-19 pandemic on the wellbeing of the doctors in Kashmir.

## Keywords

Covid-19 pandemic; Doctors in Kashmir; Psychological impact

## Introduction

### Covid-19 pandemic

The COVID-19 pandemic is an on-going pandemic of coronavirus disease 2019 that was first identified in December 2019 in Wuhan, China. It then spread rapidly to the other countries of the world. Now (June 22, 2021), the pandemic

has entered into the 77th week, but the world is still struggling to mitigate its affects and defeat the virus. Globally, the total number of cases crossed the 160-million mark and total deaths now stand at over 3.4 million (Weekly Update: Global Coronavirus Impact and Implications, 2021). As of 20 June 2021, there have been 177,108,695 confirmed cases of COVID-19, including 3,840,223 deaths, reported to WHO.

Table 1: Shows the number of confirmed cases and deaths due to Covid 19.

Region	Confirmed Cases	Deaths
Americas	70,303,157	1,848,197
Europe	55,228,011	1,171,603
South East Asia	33,861,437	466,989
Eastern Mediterranean	10,616,152	210,952
Africa	3,750,515	91,046
Western Pacific	3,348,659	51,423

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