

#### About the author



Syed Shahid Siraj is currently working as senior tutor in the Department of Health Sciences, Islamic University of Science and Technology, Awantipora Kashmir. He has completed his B.Sc. Hon's Nursing from University of Kashmir and M.Sc. Nursing in psychiatric nursing from Sher e Kashmir Institute of Medical Sciences SKIMS Soura Srinagar. He has published his diverse research work in many national and international research journals. He has been the research guide for undergraduate nursing students since last 5 years. He is the executive editorial board member of many research journals. He is an established reviewer of many textbooks and nursing journals. He is a nominated member in the panel of examiners in the couple of universities of Jammu and Kashmir. He has been awarded by the Gold medal for securing the first class first position in the order of merit of B.Sc. Hon's Nursing, by His Excellency, President of India.

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